

Zionist Youth Activities.

The last meeting of the **Cape Town Zionist Youth Society** took place at Rosecourt on Sunday night, 29th October. A news service, based on the Transvaal News Digest, was delivered. Mr. Isaac Shrand spoke on Zionism and Territorialism. He concluded by warning Zionists against the neo-territorialistic tendencies as expressed at recent conferences.

Cape Town Hashomer Hadathi.

The nucleus group met at the residence of Mr. and Mrs. H. Levin on Saturday, 28th October. There was a large gathering. After a humorous reading by Mr. Solly Kessler, the election of the new Committee took place. The results were as follows: Chairman, Jack Heyerowitz; Committee, Lily Mazin, Ruth Adler and Solly Kessler. The meeting concluded with a vote of thanks to the hosts.

Green and Sea Point Zionist Youth Society.

The inaugural meeting took place at the Sea Point Talmud Torah on 24th October. There was a very large attendance. Mr. Egert, who was in the chair, welcomed the formation of the Society and paid tribute to certain members of the Sea Point youth who were responsible for the formation of the Society. Mr. E. Kluk spoke of the past decade of Sea Point Zionist Youth and warned the audience against pitfalls into which a new society might fall. The idea of a Zionist Society was not primarily to keep Jewish youth from oblivion but to carry out the three-fold programme of study, practical Zionist work and Chalutzit. After some discussion refreshments were served and a temporary Committee of six were elected: Misses Solomon and J. Margolis, Messrs. C. Traub, P. Friedberg, H. Sender and M. Walters.

Maitland Zionist Youth Society.

A well-attended and successful meeting took place on Sunday, 29th October, at the residence of Miss Schwabsky. Mr. Solly Braude, who was in the chair, apologised for the absence of the Chairlady, Miss M. Singer, who was indisposed. He also delivered a news service. Cantor Immerman, who was the guest speaker, spoke of the importance of the Balfour Declaration. Mr. Colin Traub, after rendering a song, also spoke on some other aspects of the Balfour Declaration. Apart from lively community singing, there were also solos delivered by Cantor Immerman and Mr. I. Schwabsky. The meeting concluded with a hearty vote of thanks to the speakers, visitors and hosts.

Wuizenberg Young Israel Society.

On Sunday, 22nd October, a meeting was held at the Talmud Torah Hall. After songs and dancing the serious and more instructive part of the meeting followed. A talk on the Hadassah was given, followed by a most instructive discussion of Dr. Lowdermilk's scheme for building a canal from the Mediterranean to the Dead Sea. This caused a great deal of debating on the question of refugees, and of the absorptive capacity of Palestine.

At a Study Circle held the previous night, Saturday, 21st October, the Circle started the evening with a "Quarter of an Hour of Hebrew," which is proving very successful. A paper was given on the first and second Aliyot, where mention was made of Pinsker's Auto-emancipation. After the paper on Aliyot, a very good reading of a summary of Pinsker's pamphlet was given. A short talk was delivered on Sephardic Jews, their origin and customs, especially language,

being mentioned. The next paper was one on "The Arabs and Jews," which was afterwards discussed.

Woodstock-Salt River Zionist Youth Society.

A meeting took place at the residence of Mr. and Mrs. M. N. Marks, on Friday, 27th October. Mr. Uri Marks was in the chair. Mr. A. Bravo presented an interesting quiz. Mr. V. Resnekov, the guest speaker, spoke on certain aspects of the Jewish position after the war. He stressed the need of obtaining Palestine as the Jewish Homeland. After questions were ably answered the meeting concluded with refreshments.

Young Judeans.

The first general meeting was held at Rosecourt on Saturday evening. Mr. E. Greenstein was in the chair. The results of the elections were as follows: Chairman, Mr. A. Swersky; Treasurer, Mr. C. Mann; Secretary, Miss G. Moss; additional Committee members, E. Greenstein and H. Lipschitz. The Chairman and Mr. E. Greenstein outlined some matters of the future programme and organisation of the Society. Refreshments were served.

Zionist Socialist Youth.

The Cape Town groups of the Zionist Socialist Youth combined on Friday, 27th October, to meet Mr. M. Sternberg, who spoke on Chalutzit and the difficulties confronting South African Jewish Youth. He also stressed the great importance of Hebrew as the Living Language of the Movement. At a meeting of the Sea Point Group, Barney Singer gave a lecture in the series on Socialism. After an animated discussion on the relative merits of free trade and protection, the meeting concluded with community singing.

Zionist Association of Students.

In spite of the proximity of examinations, there was a good attendance at the meeting of the Society held on Wednesday, 25th October, at Rosecourt. Mr. S. N. Herman gave a very instructive and learned lecture on the subject, "When Facing Anti-Semitism — the Jewish Students' Reaction," based on a social psychological survey among Jewish University students. In the discussion that followed the students displayed a great interest in the problem which affected the Jewish students all over South Africa. Mr. Egert proposed a vote of thanks. Miss Phyllis Cohen presided.

FORTHCOMING EVENTS.

The next meeting of the **Cape Town Hashomer Hadathi Nucleus Group** will take place on Satur-

OXO
MAKES IT
BEEFY

OXO (S.A.) LTD., BOX 1545, CAPE TOWN

A-A 43.

Place an order now for your 1945 Pocket Diary. — Phone 2-6051, Bnoth Zion Association, 13 St. George's Street.

day, 11th November, at 8 p.m. at the Library of Rosecourt.

The next meeting of the **Young Judeans** will be held at Rosecourt on Saturday, 4th November, at 8 p.m. All welcome.

The next meeting of the **Green and Sea Point Zionist Youth** will take the form of a Living Newspaper Evening on Sunday, 5th November, at 8.15 p.m. at the Talmud Torah Hall, Sea Point.

The next meeting of the **Maitland Zionist Youth Study Circle** will take place as usual on Friday evening, 3rd November, at the residence of Misses Kramer.

71 YEARS OLD NEURITIS SUFFERER FEW DAYS' TREAT- MENT RELIEVES

Writing to the makers of R.U.R. on the 3rd August, 1943, Mr. W. A. Hinde, of Balmoral, Mardie Street, Beaconsfield, Fremantle, W.A., says: "Being a great sufferer for years with



Neuritis, I was advised to try R.U.R. (thanks to my friends).

"The result was after a few days' treatment I was greatly relieved, and to-day I am most happy to say, it has completely disappeared.

"I still take the above twice a week to keep well and fit. I have turned 71 years and am still going strong, like Johnny Walker.

"With many thanks for your valuable cure and the very best wishes."

Mr. Hinde is just another of the thousands of people who have received lasting benefit and freedom from pain by taking R.U.R., the five-fold health tonic. Testimonials have been received praising R.U.R. for giving relief from the following complaints: Rheumatism, Neuritis, Constipation, Headaches, Stomach Troubles, Skin Eruption, Lassitude, and many others. Take R.U.R. and Right You Are.

R.U.R. is bound to do you good. It is obtainable from all chemists and stores, at the following prices: 5/6 small size (for 2½ weeks' treatment) and 10/6 large size, for 5 weeks' treatment, which carries a money-back guarantee. Get a packet of R.U.R. to-day!

Write for free descriptive pamphlet to the Sole South African Distributors: Hill & Murray (Pty.), Ltd., Dept. 137, P.O. Box 948, Johannesburg. No. 28



PARENTS — Is the MILK your Children Drink SAFE?

You guard them carefully in so many ways and yet you allow the danger of disease to threaten them every time they drink a cup of milk about which you are not SURE.
BE SURE—do away with this element of risk—BUY PASTEURISED MILK.
It costs no more and it is safe.

Sole Distributors:

The ROYAL DAIRY Ltd.

Branches throughout the Peninsula.

238 Long Street, Cape Town.
Phone 2-8161.

Buy Only—A1 ICE CREAM

**SAFE, WHOLESOME,
REFRESHING.**