

Forthcoming Events.

Zionist Conversazione.—The next Zionist Conversazione will take the form of a Reception in honour of Prof. Israel Abrahams, Chief Rabbi of the Cape Town Hebrew Congregation, and will be held at the Zionist Hall on Wednesday, 18th inst., at 8.15 p.m. All welcome.

Bnoth Zion Association.—The Green and Sea Point branch will hold an "At Home" on Monday, 16th September, at 2.45 p.m., at Alphen House Hotel. Major A. Z. Berman will speak on "Palestine and the Middle East." Members and friends are invited to attend.

Zionist Socialist Party.—A semi-conference of all party branches in the Western Province will be held on Sunday, 15th September, at 10 a.m. at the Zionist Hall. Discussions will take place on a number of very important internal matters.

Massadah Conference.—An important conference is being called by the Central Executive of the Massadah Association of Cape Town at the Zionist Hall on Sunday, 15th inst., commencing at 9.30 a.m. The conference will hear a report of Massadah for the past 12 months and will also discuss future policy. Official delegates are committee members of all branches, but a cordial invitation is extended to all members of the Massadah Associations to attend and participate in the deliberations.

Green and Sea Point Wizo Circle.—The next meeting will be held on Thursday, 19th September, at the Synagogue Hall, Marais Road, Sea Point. Mrs. Joan Comay will speak on "A South African in Palestine." All welcome.

Cape Peninsula Women's Mizrahi Association.—The next Working Party meeting of the Vredehoek branch will be held on Tuesday, 17th September, at 2.30 p.m., at the residence of Mrs. Sher, 2 Vredehoek Court, Vredehoek Avenue, Vredehoek.

New Hebrew Congregation Ladies' Guild.—The next meeting will take place on Monday, 16th September.

Relatives Sought.

Will anyone able to furnish any information concerning the following persons kindly communicate with the Relatives Information Service of the S.A. Jewish Board of Deputies at 413 Security Buildings, Exchange Place, Cape Town (Telephone 2-5066).

Itzik Lurie (butcher): sought by Mr. D. I. Joffe of Vereeniging.

Leon Sender: sought by Berthold Schwartz in Copenhagen, Denmark.

Slome Kagan: sought by nieces Feige, Sore and Base Kolefler, now in Germany.

Ratafia Family: sought by Eva Grunberg, formerly of Warsaw, now in Paris.

Walter Tietz and wife Hedwig (nee Friedlander): sought by Else Zurf, now in Germany.

Zabel and Leibe Miller: sought by cousin Ethel Scher of Krakenowa.

Hennig Lep and wife Hessel from Vilna and Basse Segal, daughter of Naum Segal: sought by Chaim Sirkin, the son of Izaac Sirkin.

Jerusalem.

Over four million trees have been planted on 17,659 dunams of woodlands established by the Jewish National Fund, it is stated by the head office of the J.N.F.

Dr. Bronislaw Fryling.

Dr. Bronislaw Fryling, the distinguished Polish violinist, who is to give a series of concerts in Cape Town, was born of Jewish parents in Krakow. Here at the age of eight he gave his first public concert. He continued his studies under Prof. Ottakar Seveik, the renowned Czechoslovakian teacher, and after a few years made an extensive European tour. Later he took up the position of professor of violin playing in the Music Institute at Krakow. When his father died he laid his violin aside for the time being and worked as barrister and scientist at Krakow



Dr. Bronislaw Fryling.

University. During 1935-1939 he defended Polish Jews against unjust accusations made by Fascists and other reactionaries. His notable pleas for the Jewish cause resulted in his saving many Jewish lives.

After a series of harassing experiences during the present war, he was captured by the Russians. When they discovered he was an artist, they allowed him to make a tour of the Soviet Union. Dr. Fryling was deeply impressed by the manner in which the Soviets treat their artists.

Later he was evacuated to Persia with the Polish Army and ultimately arrived in Africa. He recently completed a book called "A Basic Thesis on Violin Playing" which represents a new method of teaching.

He has created a name for himself as a distinguished artist. Below are some extracts from press notices extolling his great talents:—

"Fryling is a rare combination of artist and virtuoso; his concentration and absorption in his music are such that his listeners are carried with him. His technique is perfect."

"In the playing of the Mendelssohn Concerto, Dr. Fryling showed great mastery and finish. He rounded off a brilliant performance with Valse Caprice by Wieniawski, followed by Paganini, etc., in the playing of which he showed off his superb technique and flawless style to great advantage."

When Dr. Fryling tours South Africa he will bring with him his beautiful Stradivarius violin. His programmes will include a first world performance of Gagliano's Summer Phantasia, a new work for violin and orchestra.

"Our London Letter"

As our correspondent, Mr. Moses Levene, has left for Palestine on a prolonged visit, the publication of "Our London Letter" has been indefinitely suspended.—Editor.

Zionist Youth Activities.

Cape Hapoel Hamizrachi Organisation: Hashomer Hadati.—A Melawe Malkah sponsored by Gedud Etzion was held at the Old Shul on Saturday evening. Achim and Ashot from Gedud Byria and other Hashomer Hadati Gedudim attended.

Herzl Konwiser, who presided, spoke on the origin of "Melawe Malkah." Cantor Immerman, who was the guest speaker, spoke of the pride we as Jews should derive from holding Melawe Malkot.

A play sketched by Achim and Ashot of Gedud Etzion and Junior Hanoar Hamizrachi was one of the highlights of the evening.

Chaver Bender thanked the speakers and the evening ended with dancing, singing, refreshments, etc.

A meeting of Gedud Tirat Zvi, the newly formed Hashomer Hadati Gedud, was held in Goodwood on Sunday. Chaver Fagov has been appointed as their Rosh Gedud. Their next meeting will be held on Sunday morning, 22nd September, in the Goodwood Talmud Torah Hall.

Western Province Zionist Youth XV against Habonim XV.—In spite of the rainy weather on Sunday afternoon there was quite a large gathering of spectators to watch Habonim play W.P. Zionist Youth rugby. Western Province Z.Y. scored the first two tries, in spite of the strong defence of Habonim, but by half-time Habonim had equalised. Due to the muddy ground neither side had converted and the score was thus six each. The beginning of the second half was played during a heavy downpour of rain. In spite of the fact that one of the Habonim players was hurt and had to leave the field, Habonim overcame the strong defences of the W.P. Zionist Youth and brought the final scores up to 9-6.

A meeting of the **Cape Town Zionist Youth Society** was held at the residence of Miss H. Braitman, 2 Florida Road, Vredehoek, on Friday evening, 6th September. Mr. H. Daniell welcomed the guest speaker, Mr. Rivlin, as well as the members of the society. A hearty sing-song followed and several new songs were learnt.

Mr. Rivlin, who comes from Palestine, delivered a very interesting and informative survey of the geography of Aretz. By indicating on a map all the places of which he spoke, he succeeded in making his talk extremely lucid. An interesting discussion followed. The chairman then sincerely thanked Mr. Rivlin.

Wynberg Zionist Youth Society.—An exceptionally enjoyable meeting was held at the residence of Miss S. Chiat, Wellington Road, Wynberg. After extending a hearty welcome to the guest speaker, Mr. A. Hodes, the chairman, Mr. S. Kroll, conducted a lively sing-song. A very enjoyable debate followed and 90 per cent. of the members participated in the discussion. Mr. Hodes addressed the society, explaining the Jewish problem and the solutions offered to it. Miss A. Goldstein concluded the meeting with a popular musical quiz.

Cape Town Zionist Youth Society.—The next meeting will be held at the residence of Miss R. Kantor, "Woolray," Belmont Avenue, on Sunday evening, the 15th instant.

United Zionist Party.—A dance is to be held in the Talmud Torah Hall, Argyle Street, Woodstock, on Sunday, 15th September, at 8.15 p.m. Roll up for an enjoyable evening and dance to

Alec Shuman's Orchestra. Come along and bring your friends.

Habonim (Western Province).—the near future there will be a training course for officers and prospective officers in order to equip them for the running of a Gedud. Any young man or woman over the age of 18 who would be interested in taking up the most necessary Youth work for our people should kindly apply to the Secretary, Habonim Western Province Headquarters, Room 23, Chamber Buildings, 6 Barrack Street, Cape Town. There is great scope of development but new groups can only be opened if fully trained officers are available. Here is a chance for any member of the Zionist Youth Movement, irrespective of party affiliations to perform constructive and interesting service for the children of the community.

Beware the signs of



CONSTIPATION

1. BILIOUS HEADACHES
2. COATED TONGUE
3. IRREGULAR MOTIONS

Neglected constipation is bad enough, and may be positively dangerous. It can give rise to many ills in later life, including Piles, Colitis, and Gall Bladder trouble.

But don't give strong purgatives. The bowels are lined with a delicate membrane and must be treated accordingly.

Intestone is a gentle, natural laxative, combining fruit and herbs with blood-purifying alteratives. It clears away waste matter from the body, removes bad breath and headache and purifies the blood. Children and adults like its pleasant flavour.

"I prescribe Intestone for all my patients who are constipated, or who show the effects of constipation in other parts of their bodies," writes Dr. Bester (Report No. 886).

Intestone is sold by all chemists.

5718-3

"UNBLOCK" YOUR DIGESTIVE TRACT

And Stop Dosing Your Stomach With Soda

Don't expect to get real relief from headache, sour stomach, gas and bad breath by taking soda, if the true cause of your trouble is constipation.

In this case, your real trouble is not in the stomach at all, but in the intestinal tract where 80% of your food is digested. And where it gets blocked when it fails to digest properly.

Thus, what you want for real relief is something to "unblock" your intestinal tract. Something to clean it out thoroughly and help Nature get back on her feet.

Get Carter's Pills right now. Take them as directed. Then gently and thoroughly "unblock" your digestive tract. This permits your food to move along normally. Nature's own digestive juices can then reach it—and you get genuine relief that makes you feel really good again.

Get CARTER'S Pills at any chemist at 1/3. "Unblock" your intestinal tract for real relief from indigestion. 2

Phone 2-5164

P.O. Box 868

Mercantile-Atlas

PRINTING CO. (PTY.) LIMITED

C/o SIR LOWRY ROAD
and DORMEHL STREET

CAPE TOWN

Printers, Lithographers and Carton Manufacturers