

Padkos

"Yep, a time comes in every man's life when he has to hit the road, cut loose from the apron strings. At important moments like these my mom usually gives me a chunk of cheese to help me on my way. We South Africans call it padkos. It's packed full of vitamins, proteins and things to make me grow into a strong boy . . . er . . . man. More important, it tastes delicious! Which explains why I leave home about once a day."

 **Cheese it and enjoy it.**