

Zionist Youth Activities.

Cape Town Hapoel Hamizrachi.

The inaugural meeting was held on Monday evening at "Rosecourt." Vivian Resnekov was on the chair and welcomed those present. He fully explained the reasons which had motivated the Young Mizrachi to change its name to Hapoel Hamizrachi. This was mainly due to the fact that being a religious Zionist Socialist movement, Hapoel Hamizrachi was far closer to the outlook of the individual members. Halutzit will also form one of the cardinal points of the society's activities.

Mr. R. Egert addressed the gathering on the aims and ideas of Hapoel Hamizrachi, with special reference to the great work being done to-day in Eretz Israel. Socialism, he pointed out, was in reality based on religious principles, and hence there is no contradiction between the two main points of the Hapoel Hamizrachi programme which are Torah and Avodah. Discussion followed.

The weekly meeting of the **Zionist Socialist Youth** on Friday, 5th inst., was opened with the singing of Hebrew songs. After a short history of the importance of May Day, a few poems and a story describing the true spirit of this workers' holiday were read by one of the chaverot. The Revisionist question was discussed and the Fascist leanings of the movement were analysed in detail by Mr. Uri Birnbaum.

Muizenberg Young Israel Society.

A Study Circle was held on Friday, 5th May, at the residence of Miss M. Milner. The programme took the form of a symposium on post-war reconstruction in Europe. The speakers were Miss J. Cohen and Messrs. E. Resnekov, M. Fig and O. Krikler. An animated discussion followed. A meeting was held at the I. H. Guinsberg Library on Sunday, 7th May, when the society was addressed by Mrs. Antebi. In a very interesting talk she described the Palestine scene of to-day, but deplored the lack of South African influence there. She warmly welcomed the idea of a South African Kibbutz.

Dudshoorn Young Israel Society.

A meeting was held at the Hebrew School Hall on Sunday, 23rd April. Mr. I. Barron was in the chair. The news service was delivered by Mr. Sidney Ryan. The usual ten questions were asked by Mr. Leslie Wilck. An enjoyable balloon evening followed, in which Miss H. Kahn and Messrs. I. Barron, H. Lazarus and B. Friedland participated, representing Henrietta Szold, Stalin, Ben-Gurion and Roosevelt respectively. A piano duet by Misses Sally Klaas and Lily Wilck and a piano solo by Mr. David Herman concluded the programme.

Pearl Zionist Youth Society.

A well-attended meeting of the society was held at the residence of Mr. and Mrs. J. Bloom on the 14th instant. The following members participated in a Newspaper evening: Misses L. Semer, J. Volks, G. Amasowitz, H. Abrahams and Messrs. O. Roup, W. Stock and R. Birkin. After some community singing conducted by Miss H. Abrahams a play-reading was presented, the following participating: Misses J. Volks, G. Amasowitz, H. Abrahams and Messrs. O. Roup and W. Stock. At the conclusion Miss P. Sacks thanked the host and hostess for their hospitality.

How to make the most of your STERADENT

1. Keep your Steradent in a clean, dry place.
2. Avoid waste

Like many other essential articles, supplies of Steradent for the easy cleaning and sterilizing of false teeth, are limited.



Steradent

cleans and sterilizes false teeth

4895-1

RESISTO

Red Roof Paint

BEST IN THE LONG RUN.

34 other shades available

Stockists:

Schneider & Genn, 167 Hanover Street, CAPE TOWN.

S. J. HENDRIKSZ

Phone 8-1125. MAIN ROAD, MUIZENBERG.

Stockists for SHAVES' PAINTS, at Cape Town Prices.

BRICKS and BLOCKS

Cement, Stone, Sand, Gutters, etc.

Electric Process ENGRAVING COMPANY

MAKES COOD BLOCKS

ARGUS BLDGS. ST. GEORGES ST. CAPE TOWN

QUEEN-JONATHAN-ROAD - P. B. 1242-1243

71 YEARS OLD NEURITIS SUFFERER FEW DAYS' TREATMENT RELIEVES

Writing to the makers of R.U.R. on the 3rd August, 1943, Mr. W. A. Hinde, of Balmoral, Mardie Street, Beaconsfield, Fremantle, W.A., says: "Being a great sufferer for years with



Neuritis, I was advised to try R.U.R. (thanks to my friends).

"The result was after a few days' treatment I was greatly relieved, and to-day I am most happy to say, it has completely disappeared.

"I still take the above twice a week to keep well and fit. I have turned 71 years and am still going strong, like Johnny Walker.

"With many thanks for your valuable cure and the very best wishes."

Mr. Hinde is just another of the thousands of people who have received lasting benefit and freedom from pain by taking R.U.R., the five-fold health tonic. Testimonials have been received praising R.U.R. for giving relief from the following complaints: Rheumatism Neuritis, Constipation, Headaches, Stomach Troubles, Skin Eruption, Lassitude, and many others. Take R.U.R. and Right You Are.

R.U.R. is bound to do you good. It is obtainable from all chemists and stores, at the following prices: 5/6 small size (for 2½ weeks' treatment) and 10/6 large size, for 5 weeks' treatment, which carries a money-back guarantee. Get a packet of R.U.R. to-day!

Write for free descriptive pamphlet to the Sole South African Distributors: Hill & Murray (Pty.), Ltd., Dept. 137, P.O. Box 948, Johannesburg. No. 28

★ No matter how good the Camera Lens, you can only expect the

Sharpest, Brightest, Clearest Snaps

when you load up with



G. A. SMITH LTD.

PAINTS, GLASS & HARDWARE MERCHANTS.

Wholesale and Retail

AGENTS FOR BERGERS PAINTS

10 Strand Street, — P.O. Box 757. PORT ELIZABETH.

Rub colds away!

NEVER neglect a cold in a young child. It may easily develop into bronchitis or deadly bronchopneumonia.

At the first sign of a cold, rub PUMA BALM on the chest, back and the soles of the feet. Keep the child in a warm room and keep the feet warm.

Repeat the PUMA BALM treatment several times daily until the cold is gone.

PUMA BALM is obtainable from all chemists at 2/6 per tin. Prepared by the well-known firm of NORWOOD COAKER, Medical Manufacturers.

Puma Balm

Acts against children's Chills and Colds.



4885-5