

Gymnastics
I

Revised Version

GYMNASTICS

Movement I

Revised Version
REVISED

with conductor's notes

INSTRUMENTATION

3 Flutes
(alternating Piccolo and Alto Flute)

2 Oboes

Cor Anglais

1 Clarinet Piccolo in D

2 Clarinets in Bb

1 Bass Clarinet
(alternating Clarinet in Bb)

2 Bassoons

Double Bassoon

6 Horns in F

3 Trumpets in C

3 Trombones

Tuba

Timpani

Triangle

Cymbals

Suspended Cymbal

Tambourine

Side Drum

Bongos

Chinese Blocks

Xylophone

Piano

Harp

Strings

GYMNASTICS

An orchestral suite in four movements

1. Allegro molto
2. Lento espressivo
3. Andante
4. Allegro spiritoso

dedicated to Stefans Grové

Programme notes

The inspiration of this work lies in ballet and modern dance. Musically it is heavily influenced by a personal application of the jazz idiom. It is essentially a joyful and exuberant work composed during a particularly happy period in my life.

GYMNASTICS

MOVEMENT 1

ALLEGRO MOLTO ♩ = 160.

The musical score is arranged in a standard orchestral format with the following parts from top to bottom:

- Flauto piccolo
- Flauti grandi 1 & 2
- Oboi 1 & 2
- Clarinetti in Sib 1 & 2
- Clarinello basso in Sib
- Fagotti 1 & 2
- Contrafagotto
- Cori in Fa 1, 2, 3, 4, 5, 6
- Trombe in Do 1, 2, 3
- Tromboni 1 & 2
- Trombone & Tuba
- Timpani
- Temple Blocks
- Piatto sospeso
- Piano
- Arpa
- Violino 1
- Violino 2 (div)
- Viola
- Violoncello
- Contrabasso

The score is written in 3/4 time and includes various musical notations such as dynamics (e.g., *mf*, *ff*, *pp*), articulation (accents, staccato), and performance instructions like "hard sticks" for the timpani. The piece features several key changes, with time signatures changing from 3/4 to 5/4 and back to 3/4.

A

Handwritten musical score for a symphony orchestra, featuring woodwinds, brass, percussion, and strings. The score is written on multiple staves with various musical notations, including notes, rests, and dynamic markings. The instruments listed on the left are:

- R. picc.
- FL. gr. 2
- Ob. 2
- Cl. (Bb) 2
- Fg. 2
- C Fg.
- Cor. 1/3
- Fa
- Cor. 2/4
- Fa
- Cor. 5/6
- Fa
- Tr. (Bb) 3
- Tr. (Bb) 1/2
- T. bone 3
- Temp.
- Temp. blocks
- Tbrno.
- Viol. 1
- Viol. 2
- Vle.
- Vlc.
- Cb.

The score includes dynamic markings such as *pp.*, *f*, *sfz*, *mf*, *ppp*, *pp*, *fz*, *sf*, *mf*, *f*, *pp*, *ppp*, *pp*, *fz*, *sf*, *mf*, *f*, *pp*, *ppp*, *pp*, *fz*, *sf*, *mf*, *f*. It also features time signatures (4/4, 3/4, 5/4) and a box containing the number 6. There are some handwritten annotations, including a large 'H' and a triangle with a slash.

C

3/4 [22]

Fl. picc.

Fl. gr. 2

Ob. 2

Cl. Picc. (Re)

Cl. (Si) 1

Fag. 2

C. Fg.

Tr. (Do) 1

Tr. (Do) 3

Tr. bone 2

Tr. bone & Tuba

Temp.

Tbino.

Tamb.

Xil.

Piano

Viol. 1

Viol. 2

Vle. (div)

Vlc.

cb.

3/4 [22] *sim* *ff* *4/4*

F

Ob. 1 47

Cor. Ang.

Cl. (Sib) 2

Cl. basso (Sib) *mf legato*

Fag. 2 *mf*

C.Fg.

Bongos *with hands*

Viol. 1 *mf*

Viol. 2 *mf*

Vle.

Vle.

cb. *arco*

47

53

Fl. picc. 1

Fl. gr. 2

Ob. 2

Cl. Picc (Re)

Cl. (Sib) 2

Fag. 2

C. Fg.

Cor. Fa 3

Cor. Fa 2

Cor. Fa 6

Tr. (Do) 1

Tr. bone 3

Baryon.

Tri.

Xcl.

piano

Viol. 1

Viol. 2

Vle.

Vcl.

Cb.

senza soli.

senza solo

senza solo

senza solo. Solo

pizz.

53

59

FL. picc.

FL. gr. 1/2

Ob. 1/2

Cl. picc. (Re)

Cl. (Sib) 1/2

Fag 1/2

CFg.

Cor. Fa 1/3

Cor. Fa 2/4

Cor. Fa 5/6

Tr. (Do) 1

Tr. (Do) 2/3

Tr. bone 3

9 Tuba

Tbino.

Tri.

Xil.

Viol. 1

Viol. 2

Vle.

Vcl.

Cb.

f

senza sott.

59

65

Fl. picc. *Piccato take FL3.*

Fl. gr. 1

Ob. 1

Cor. Ang.

Cl. picc (Re)

Cl. (Sib) 1

Cl. basso (Sib)

Fag 1

Cfg.

Cor. 1/3 Fa

Cor. 2/4 Fa

Cor. 5/6 Fa

Tr. (Do) 1

Tr. (Do) 3

Tr. bari 1

Tr. bone 3 & Tuba

Temp.

Tbino.

Tamb.

Piallos.

Xil.

Viol. I

Viol. 2

Vle.

Vle.

Cb.

65

G

71

Fl. gr. 2
Fl. gr. 3
Ob. 1
Ob. 2
Cor. Ang.
Cl. (Sib) 1
Cl. (Sib) 2
Cl. basso (Sib)
Fag. 2
Arpa
Viol. I
Viol. 2
Vcl.

H

77

Fl. gr. 2
Fl. gr. 3
Ob. 1
Ob. 2
Cor. Ang.
Cl. (Sib) 1
Cl. basso (Sib)
Fag. 2
Tri.
Arpa
Viol. I
Viol. 2
Vcl.

I

83

FL. gr. 1
Cl. basso (Sib)
Fag. 1
Bongas
Tri.
Piano
Viol. I
Viol. 2
Vle.
Vlc.
Cb.

hard sticks
Solo
arco
non div
sempre pizz.
div
sempre pizz.
pizz.

89

Fl. gr. 2
ob.
Cl. (Sib) 1
Cl. (Sib) 2
Cl. basso (Sib)
Fag. 2
Tr. (Do) 2
Piano
Viol. 1
Viol. 2
Vle.
Vlc.
Cb.

Solo
con sord.
8ve
arco div
arco div
div

K

113 A TEMPO 5/4

FL.gr. 2 *pp*

FL.gr. 3 *pp* FL. 3 takes Piccolo

Ob. 2

Cl. (Sib) 2

Fag. 2

Cfg.

Cor. Fa 1/3 *senza sord.* *pp* A TEMPO

Cor. Fa 2/4 *senza sord.* *pp*

Cor. Fa 5/6 *senza sord.* *pp*

Tr. (Do) 1/3

Tr. (Boni) 2

Ti. bone 3 *senza sord.* *pp* A TEMPO

Tuba

Timp.

Tri.

Tamb.

Arpa

113 A TEMPO 5/4

2

118

Handwritten musical score for measures 118-123. The score includes staves for Fl. 1, Ob., Cl. (Sib), Fag., Cfg., Cor. Fa (3, 2, 5/6), Tr. (Do) 1/3, Tr. bari 1/2, Tr. bari 3, Timp., Piat sop., Viol. 1, Viol. 2, Vc., Vc., and Cb. The music is in 3/4 time, with a key signature of one sharp (F#). Measure 118 is marked with a box containing the number 118. The score features various dynamics such as *ff*, *sfz*, and *sf*. There are handwritten annotations including "5/4" and "4/4" indicating time signature changes. The string section (Viol. 1, Viol. 2, Vc., Vc., Cb.) has specific performance instructions: "senza sol." (without sustain), "senza sol. (dir)" (without sustain, directed), "senza sol. ap!" (without sustain, *ap*), and "senza sol. unis." (without sustain, *un*). The woodwinds and brasses play rhythmic patterns, often with accents and slurs.

124

Handwritten musical score for measures 124-129, primarily for the string section. The staves are Viol. 1, Viol. 2, Vc., Vc., and Cb. The music is in 3/4 time with a key signature of one sharp (F#). The score is marked with a box containing the number 124. Dynamics include *mp* (mezzo-piano). The strings play a rhythmic pattern of eighth and sixteenth notes, often with slurs and accents. The Vc. and Cb. parts have some specific markings like *bp* (brass *p*).

FL. picc. **143**

FL. gr. 2

Ob. 2

Cor. Ang.

Cl. (Sib) 2

Cl. basso (Sib)

Fag. 2

Cfg.

Xil.

Templo
Blocks

Piano

Viol. 1

Viol. 2

Vle.

Vlc.

Cb.

143



Handwritten musical score for a symphony orchestra. The score is written on multiple staves, each labeled with an instrument. The key signature is one flat (B-flat), and the time signature is 4/4. The score is divided into measures, with some measures containing a circled '3' indicating a triplet. The score includes various musical notations such as notes, rests, and dynamic markings like *f* (forte) and *senza sord.* (without mutes). The instruments listed on the left are: Fl. gr. 1 & 2, Ob., Cl. Picc. (Re), Cl. (Sob), Fag., Cfg., Cor. Fa 1 & 2, Tr. (Do), Tr. bone 3, Temple blocks, Tu., Xil., Viol. 1 & 2, Vc., and Cb. The score is marked with a circled '150' at the beginning of the first measure of the Fl. gr. 1 staff and at the bottom of the Cb. staff. The page number '-20-' is written at the bottom center.

P

Q

157

Fl. picc.

Fl. gr. 2

Ob. 1

Ob. 2

Cor. Ang.

Cl. Picc (Ae)

Cl. (Sib) 2

Cl. basso (Sib)

Fag. 2

Cfg.

Cor. Fa 1

Cor. Fa 2

Cor. Fa 3

Tr. (ba) 2

Tr. (ba) 3

Tr. bone 2

Tr. bone 3

Tuba

Temp.

Temple blocks

Tobino.

Tamb.

Xil.

Piano

Viol. 1

Viol. 2

Vcl.

Vcl.

Cb.

157

164

Fl. picc. *8va*

Fl. gr. 1 2 *8va*

Ob. 1

Ob. 2

Cor. Ang.

Cl. picc. (Re) *8va*

Cl. (Sub) 1 2

Cl. basso (Sub)

Fag. 1 2

Cfg.

Cor. Fa 1 3

Cor. Fa 2 4

Cor. Fa 5 6

Tu. (Do) 1 2

Tu. (Do) 3

Tu. bari 1 2

Tu. bone 3 4

9 Tuba

Timp.

Tamb.

2 Piatti

Xil. *8va*

Piano

Viol. 1 *8va*

Viol. 2

Vcl.

Vc.

Cb. *arco*

164