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Interest in present-day conditions are looking out for some panacea that may improve matters. The medical people who look after our prisons have been for some twenty years trying to discover what it is that makes a criminal, and the result of their investigations has now been published. I am old enough to have lived in the age which put proverbs in its copy-books and thus I early imbibed the doctrine that "Opportunity makes the thief." We used also to be told of some good man who, contemplating the wicked, used to say, "There but for the grace of God go I." Now these are charitable, wholesome doctrines, but I am not sure that they throw very much light on the matter. For example, I may be a Pharisee, but I cannot think that any circumstances would make me commit murder. I should always be afraid. It is possible to argue that this timidity should be interpreted as the grace of God, but that seems neither reverent nor reasonable. Again, opportunity does not always make the thief. Quite a lot of people have daily opportunities of that sort which they do not take. You and I, indeed, may have no motive to pick up somebody else's small change, but most of us are sometimes left alone with things which we should like to have—if the process of annexing them did not seem nasty. And on the other hand, most of us have lost things in our time which the thief must have made opportunity to take, and with considerable difficulty. So we ought to rule out the theory that everybody is by nature inclined to every crime and that it is condition, nurture, training, or the grace of God which makes the whole difference.

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This week I am going to be generous and give you two recipes, one of meat and one of fish. My first—it sounds like a conundrum, does it not?—is,

STEWED BRISKET WITH BEANS 'SWEET AND SOUR'.

Take 3-4 lbs. brisket, cover with boiling water, and stew gently for three hours. After the first hour add three or four small onions sliced, some carrots and a pound or more of French beans, scarlet runners or haricot beans, with plenty of salt and a piece of ginger. When nearly finished make the following sauce: Mix a tablespoonful of flour with cold water to a smooth paste. Add two tablespoonful of brown sugar, some pepper and three tablespoonful of vinegar. Add this to the stew and stir well. When it thickens, the dish is ready.

The other is
STEWED SOLES WITH TOMATOES.
Have one or two soles filleted, roll up the fillets and stew them with chopped onions, salt and pepper, two tablespoonful of oil or margarine and two or three sliced tomatoes. When cooked strain off the sole and put the gravy through a sieve. Then add a little lemon juice and pour back on to the soles till very hot.

With love, Yours,
GWEN.

Alexander School of Music.

Miss Muriel Alexander, the well-known teacher of elocution, is opening a school of music at Hamilton House, corner of Rissik and Kerk Streets on March 1. She has secured the co-operation of a notable staff, including Mr. Wansborough Poles F.R.C.O., who will teach organ harmony, counter point and composition; Miss Bertha Tomlin L.R.A.M., who will teach the piano and give special lessons in accompanying; Mr. R. Goldberg (cello); Miss Katie Silva (Brussels conservatoire medallist, violin); and Mr. Idelson (viola). The names of the singing teachers will be announced later. Lectures in musical history, etc., will be given and dramatic classes will also be held.

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The Chemist and Druggist business registered Revenue Office, Johannesburg, 28th January, 1920, by John Miller Anderson, Stand 346, c/o Corrie and Op de Bergen Streets, Fairview, will be transferred to David Davis, as from the 1st May, 1920. I. & D. 20.27.5

It is reported from London that Mr. Lloyd George has expressed his intention to make a visit to Palestine as soon as the peace negotiations shall be finally at an end, and his presence in London will not be required by urgent political work. The Prime Minister is known to have a particularly warm interest in the future of Palestine.

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It is interesting to note that the following proposition comes from a source entirely outside the Jewish sphere of influence. Ameer Ali, one of the foremost leaders of the Mahomedans in India, suggests, in a letter to the "Times," that Jerusalem should be the seat of the League of Nations. "It would," he says, "give the architects even finer scope for the exercise of their talent, and as a listening post it would not be too distant from the rumblings of the Balkans."

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In a memorandum submitted by the Jewish regiments in Palestine to the American Zionist Organisation, the opinion is expressed that there should be formed new Jewish regiments consisting of Palestinian and foreign Jews. The new regiments should include all branches, of military service, infantry, cavalry, artillery and air service, etc. The memorandum stated that the question of Jewish regiments is a vital one, as they are a national necessity for the Jews in Palestine. Disappointment was expressed that the national character of the Jewish regiments has not been accentuated sufficiently, and that promises made to them of Jewish names and Jewish ensigns have not been fulfilled. The regiments desire to be called by Hebrew names and to be allowed to wear the Menorah as their official badge, and also that Hebrew should be the language of command. The Jewish regiments should be stationed near to the Jewish settlements and colonies.

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